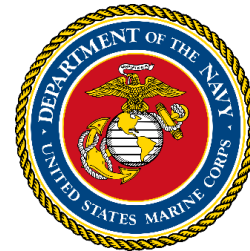




DANIEL BOONE HIGH SCHOOL
MCJROTC
1440 SUNCREST DRIVE
GRAY, TN 37615
(423) 477-1612



2024 MCJROTC *Leatherneck* Challenge

“No Pain No Gain”

The Daniel Boone High School Leatherneck Challenge will be held **Saturday, 6 April 2024** at Daniel Boone High School in Gray, Tennessee. The intent of the match is to promote competitive fitness and sportsmanship; the goal is to increase athletic participation and to promote healthy lifestyles.

LOCATION: Daniel Boone High School is located in Gray, Tennessee, approximately 2¼ miles southeast of I-26 on Hwy 75 (Bobby Hicks Hwy).

ELIGIBILITY: All participants must be currently enrolled JROTC cadets. Teams will consist of four members from the same school; no competitor may be a member of more than one team. Each team will be comprised of two males and two females. Substitution of team members is prohibited unless under extraordinary circumstance and only upon the approval of the event director. There is no limit to the number of teams a school can enter.

ENTRY FEES: Entry fee is **\$80.00** per team and **\$20.00** per individual which includes a “Leatherneck Challenge” t-shirt for each competing cadet. Additional shirts may be purchased for **\$15** each. Fees should be prepaid to **Daniel Boone High School MCJROTC** or arrangements should be made to hand carry fees to the event.

REGISTRATION: Instructors must check-in and designate their teams NLT 30 minutes prior to the start of the competition. Teams cannot be rearranged after check-in. Please ensure the attached registration form is returned no later than **March 22, 2024** in order for shirts to be ordered and available upon your arrival the day of the competition.

RULES AND CONDUCT OF EVENT: The Combat Fitness Test (CFT) will be run in the same manner that the Marine Corps administers its annual Combat Fitness Test. While the Physical Fitness Test (PFT) evaluates stamina and physical conditioning, the CFT measures functional fitness and simulates the demands of battle in full combat utility uniform. The three components of the CFT are Movement to Contact, Ammunition Can Lift, and Maneuver Under Fire. In the Movement to Contact, cadets will run an 880-yard timed run. In the Ammunition Can Lift cadets must lift a 30-pound ammunition can overhead from shoulder height until elbows lock out as many times as possible in a two (2) minute period. The Maneuver Under Fire

simulated event includes a 300-yard timed variety of battle related challenges including low and high crawls, sprints, ammunition can carry, simulated grenade throw, agility run, and dragging and carrying a fellow cadet. An example of the conduct and execution of a CFT can be found on YouTube at the following URL <https://marineparents.com/videos/bc-cft.asp>. Coaches and teams will be thoroughly briefed on the day of the event.

EVENT SCHEDULE: Teams should arrive at the school NLT 30 minutes prior to event beginning. All competitors and coaches will meet at the JROTC (building 1000) for check in. Competitors should report to the ready line 10 minutes before their event.

Event	Location	Muster	Brief	Duration
Movement To Contact	DBHS Track	0845	0845	0900-0930
30 lb. Ammo Can Lift	DBHS Track	0945	0950	1000-1030
Maneuver Under Fire	Football Field	1045	1050	1100-1330
Awards & Recognition	Liberty Hall	1345	1350	1400-1415

EQUIPMENT: The prescribed uniform for competitors will consist of utility/fatigue/Battle Dress Uniform (BDU) trousers and combat boots. Matching team/school t-shirts are recommended for ease of identification and control. If the prescribed uniform is not available, contact Daniel Boone MCJROTC to discuss alternative solutions.

SCORING OF EVENTS: Enclosure (1) Note: There are different scoring standards for males and females. A schematic of the course is found in Enclosure (2).

AWARDS: Awards will immediately follow the competition. Award categories are as follows:

Individual:

Overall Winners: 1st - 3rd Place medals (Male & Female)
Ammo Can Press: 1st - 3rd Place medals (Male & Female)
Movement To Contact: 1st - 3rd Place medals (Male & Female)
Maneuver Under Fire: 1st - 3rd Place medals (Male & Female)

Team:

Overall Winners: 1st - 3rd Place Trophies

PAYMENT: Make all checks payable to **Daniel Boone High School MCJROTC**. Entry forms can be emailed to majorsessis@gmail.com or enclosed with the check. Mail checks to address provided at the bottom of the entry form Enclosure (3).

POINT OF CONTACT: Major Sessis at 423-477-1612 or majorsessis@gmail.com.

SCORING TABLES

MOVEMENT TO CONTACT				AMMO CAN LIFT				MANEUVER UNDER FIRE			
Male	Points	Female	Points	Male	Points	Female	Points	Male	Points	Female	Points
Time		Time		Reps		Reps		Time		Time	
2:40	100	3:19	100	100	100	66	100	2:07	100	2:55	100
2:41	99	3:20	99	99	99	65	98	2:08	99	2:56	99
2:42	98	3:21	98	98	98	64	97	2:09	98	2:57	98
2:43	97	3:22	97	97	97	63	95	2:10	97	2:58	97
2:44	96	3:23	96	96	96	62	93	2:11	96	2:59	96
2:45	95	3:24	95	95	95	61	92	2:12	95	3:00	95
2:46	94	3:25	94	94	94	60	90	2:13	94	3:01	94
2:47	93	3:26	93	93	93	59	88	2:14	93	3:02	93
2:48	92	3:27	92	92	92	58	87	2:15	92	3:03	92
2:49	91	3:28	91	91	91	57	85	2:16	91	3:04	91
2:50	90	3:29	90	90	90	56	83	2:17	90	3:05	90
2:51	89	3:30	89	89	89	55	82	2:18	89	3:06	89
2:52	88	3:31	88	88	88	54	80	2:19	88	3:07	88
2:53	87	3:32	87	87	87	53	78	2:20	87	3:08	87
2:54	86	3:33	86	86	86	52	77	2:21	86	3:09	86
2:55	85	3:34	85	85	85	51	75	2:22	85	3:10	85
2:56	84	3:35	84	84	84	50	73	2:23	84	3:11	84
2:57	83	3:36	83	83	83	49	72	2:24	83	3:12	83
2:58	82	3:37	82	82	82	48	70	2:25	82	3:13	82
2:59	81	3:38	81	81	81	47	68	2:26	81	3:14	81
3:00	80	3:39	80	80	80	46	67	2:27	80	3:15	80
3:01	79	3:40	79	79	79	45	65	2:28	79	3:16	79
3:02	78	3:41	78	78	78	44	63	2:29	78	3:17	78
3:03	77	3:42	77	77	77	43	62	2:30	77	3:18	77
3:04	76	3:43	76	76	76	42	60	2:31	76	3:19	76
3:05	75	3:44	75	75	75	41	58	2:32	75	3:20	75
3:06	74	3:45	74	74	74	40	57	2:33	74	3:21	74
3:07	73	3:46	73	73	73	39	55	2:34	73	3:22	73
3:08	72	3:47	72	72	72	38	53	2:35	72	3:23	72
3:09	71	3:48	71	71	71	37	52	2:36	71	3:24	71
3:10	70	3:49	70	70	70	36	50	2:37	70	3:25	70
3:11	69	3:50	69	69	69	35	48	2:38	69	3:26	69
3:12	68	3:51	68	68	68	34	47	2:39	68	3:27	68
3:13	67	3:52	67	67	67	33	45	2:40	67	3:28	67
3:14	66	3:53	66	66	66	32	43	2:41	66	3:29	66
3:15	65	3:54	65	65	65	31	42	2:42	65	3:30	65
3:16	64	3:55	64	64	64	30	40	2:43	64	3:31	64
3:17	63	3:56	63	63	63	29	38	2:44	63	3:32	63
3:18	62	3:57	62	62	62	28	37	2:45	62	3:33	62
3:19	61	3:58	61	61	61	27	35	2:46	61	3:34	61
3:20	60	3:59	60	60	60	26	33	2:47	60	3:35	60
3:21	59	4:00	59	59	59	25	32	2:48	59	3:36	59
3:22	58	4:01	58	58	58	24	30	2:49	58	3:37	58

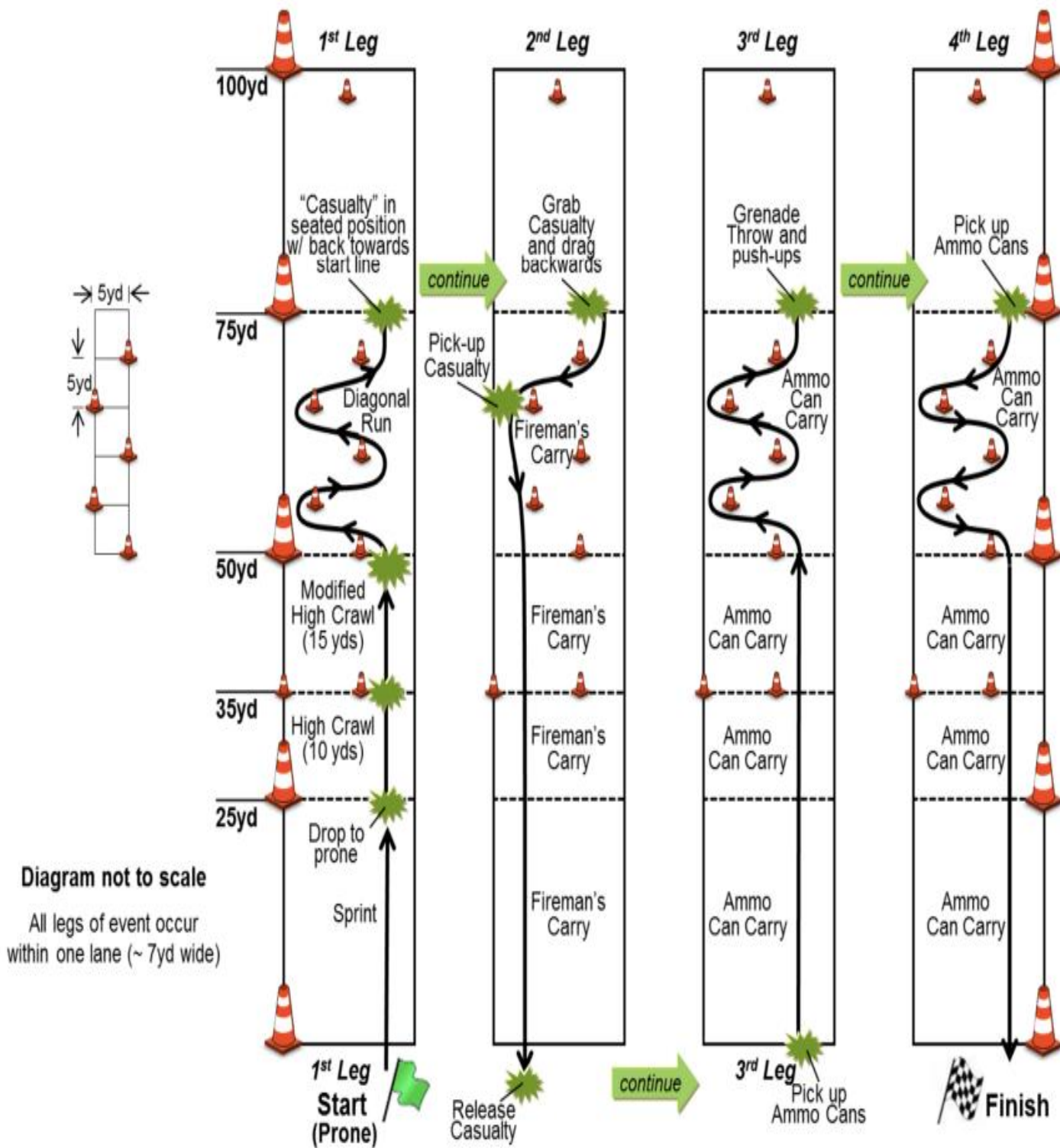
SCORING TABLES

MOVEMENT TO CONTACT				AMMO CAN LIFT				MANEUVER UNDER FIRE			
Male Time	Points	Female Time	Points	Male Reps	Points	Female Reps	Points	Male Time	Points	Female Time	Points
3:23	57	4:02	57	57	57	23	28	2:50	57	3:38	57
3:24	56	4:03	56	56	56	22	27	2:51	56	3:39	56
3:25	55	4:04	55	55	55	21	25	2:52	55	3:40	55
3:26	54	4:05	54	54	54	20	23	2:53	54	3:41	54
3:27	53	4:06	53	53	53	19	22	2:54	53	3:42	53
3:28	52	4:07	52	52	52	18	20	2:55	52	3:43	52
3:29	51	4:08	51	51	51	17	18	2:56	51	3:44	51
3:30	50	4:09	50	50	50	16	17	2:57	50	3:45	50
3:31	49	4:10	49	49	49	15	15	2:58	49	3:46	49
3:32	48	4:11	48	48	48	14	14	2:59	48	3:47	48
3:33	47	4:12	47	47	47	13	13	3:00	47	3:48	47
3:34	46	4:13	46	46	46	12	12	3:01	46	3:49	46
3:35	45	4:14	45	45	45	11	11	3:02	45	3:50	45
3:36	44	4:15	44	44	44	10	10	3:03	44	3:51	44
3:37	43	4:16	43	43	43	9	9	3:04	43	3:52	43
3:38	42	4:17	42	42	42	8	8	3:05	42	3:53	42
3:39	41	4:18	41	41	41	7	7	3:06	41	3:54	41
3:40	40	4:19	40	40	40	6	6	3:07	40	3:55	40
3:41	39	4:20	39	39	39	5	5	3:08	39	3:56	39
3:42	38	4:21	38	38	38	4	4	3:09	38	3:57	38
3:43	37	4:22	37	37	37	3	3	3:10	37	3:58	37
3:44	36	4:23	36	36	36	2	2	3:11	36	3:59	36
3:45	35	4:24	35	35	35	1	1	3:12	35	4:00	35
3:46	34	4:25	34	34	34			3:13	34	4:01	34
3:47	33	4:26	33	33	33			3:14	33	4:02	33
3:48	32	4:27	32	32	32			3:15	32	4:03	32
3:49	31	4:28	31	31	31			3:16	31	4:04	31
3:50	30	4:29	30	30	30			3:17	30	4:05	30
3:51	29	4:30	29	29	29			3:18	29	4:06	29
3:52	28	4:31	28	28	28			3:19	28	4:07	28
3:53	27	4:32	27	27	27			3:20	27	4:08	27
3:54	26	4:33	26	26	26			3:21	26	4:09	26
3:55	25	4:34	25	25	25			3:22	25	4:10	25
3:56	24	4:35	24	24	24			3:23	24	4:11	24
3:57	23	4:36	23	23	23			3:24	23	4:12	23
3:58	22	4:37	22	22	22			3:25	22	4:13	22
3:59	21	4:38	21	21	21			3:26	21	4:14	21
4:00	20	4:39	20	20	20			3:27	20	4:15	20
4:01	19	4:40	19	19	19			3:28	19	4:16	19
4:02	18	4:41	18	18	18			3:29	18	4:17	18
4:03	17	4:42	17	17	17			3:30	17	4:18	17

SCORING TABLES

MOVEMENT TO CONTACT				AMMO CAN LIFT				MANEUVER UNDER FIRE			
Male	Points	Female	Points	Male	Points	Female	Points	Male	Points	Female	Points
Time		Time		Reps		Reps		Time		Time	
4:04	16	4:43	16	16	16			3:31	16	4:19	16
4:05	15	4:44	15	15	15			3:32	15	4:20	15
4:06	14	4:45	14	14	14			3:33	14	4:21	14
4:07	13	4:46	13	13	13			3:34	13	4:22	13
4:08	12	4:47	12	12	12			3:35	12	4:23	12
4:09	11	4:48	11	11	11			3:36	11	4:24	11
4:10	10	4:49	10	10	10			3:37	10	4:25	10
4:11	9	4:50	9	9	9			3:38	9	4:26	9
4:12	8	4:51	8	8	8			3:39	8	4:27	8
4:13	7	4:52	7	7	7			3:40	7	4:28	7
4:14	6	4:53	6	6	6			3:41	6	4:29	6
4:15	5	4:54	5	5	5			3:42	5	4:30	5
4:16	4	4:55	4	4	4			3:43	4	4:31	4
4:17	3	4:56	3	3	3			3:44	3	4:32	3
4:18	2	4:57	2	2	2			3:45	2	4:33	2
4:19	1	4:58	1	1	1			3:46	1	4:34	1

COURSE LAYOUT



2024 LEATHERNECK CHALLENGE ENTRY FORM

Entry Date: Prior to 22 Mar 2024
Competition Dates: 6 April 2024

Service: ___ Army JROTC ___ Navy JROTC ___ Marine Corps JROTC ___ Air Force JROTC

School Name: _____

Address: _____

City, State/Zip: _____

Instructor Name: _____

Email Address: _____

Phone: _____

Indicate the number of teams and individuals that will be competing.

	Team Name	Last Name	First Name	Shirt Size
Team 1				
Team 1				
Team 1				
Team 1				
Team 2				
Team 2				
Team 2				
Team 2				
Individual				
Individual				

___ Teams X \$80 = \$ ___ ___ Individuals x\$20 = \$ ___ ___ Additional Shirts x\$15 ___

Total Amount Enclosed = \$ _____

Make checks payable to Daniel Boone High School MCJROTC and mail completed Entry Forms and Checks to the following address:

**Daniel Boone High School MCJROTC
1440 Suncrest Drive
Gray, Tennessee 37615**